

As a part of its agenda, the Core group of Volunteers and Trust members are making continuous efforts to widen the spread and reach of the various programs. A few of the programs that have been taken into the Common Agenda are :

- Recommending and incorporating alternative livelihood programs in the tsunami affected fishing communities.
- Supporting the street children and their essential needs.
- Providing mid-day meals for mal-nourished children in rural areas through the schools and also in urban slums.
- Provide these children with nutrition supplements like multivitamins, B-Complex etc.
- Supplying books, pencils, pens, shoes in poor schools with special focus on orphanages.
- Providing shelter for the homeless.
- Establishing old-age homes and their necessary needs.
- Providing training for young girls and women in tailoring, computers, candle making, book binding etc for making them self reliant.
- Setting-up Farmer Training Centers to train unemployed youth from peripheral rural and urban areas.
- Choosing villages for adoption to ensure all round development.

A few other programs are in the process of being designed.

*"Lets join hands in fulfilling
Masters Vision & Mission"*

"IT is in GIVING that we RECEIVE. As we 'SOW' abundantly we 'REAP' abundantly. This is the Divine Law. As I give and share generously and abundantly my life is blessed with great financial and material prosperity"

- GMCKS

Hunger Program :

Feeding one hungry mouth every day for one year Rs. 3,650/-

Education Program :

Sponsor expenditure for one student for one year Rs. 10,000/-

Health Program :

Contribute to health fund to provide health assistance to those in need Rs. 3,000/-

Livelihood Program :

Sponsor Vocational Training Program for one person Rs. 2,000/-

Any other contribution amount Rs.....

*Charity is a virtue of the heart,
and not of the hands.*

Donations*

Cash/DD/Cheques to be issued in favour of :

MCKS Food for the Hungry Foundation A.P.

6-3-788/A/18 (plot:18), Durganagar Colony,
Ameerpet, Hyderabad-500 016, Andhra Pradesh , INDIA
Phone : +91 40 2341 6473, 6662 5278
Fax : +91 40 6677 5190

www .mcksfoodforthehungry.org
E-mail : cause@mcksfoodforthehungry.org
For further details contact:

Ms.Satya on +91 93 9454 5959.

* All Donations are exempt from I.T u/s 80-G of the Income Tax.

*Charity sees the need
not the cause.*



GMCKS Foundation

Changing Lives...

Founded by Grand Master Choa Kok Sui, the GMCKS Foundation is a non-governmental organization. Guided by the five fundamental principles of **humanity, equality, voluntary service, unity and integrity**, we are committed to enhancing and enriching the lives of the under-privileged, thereby enabling them to become productive members of the society. With long-term goals of alleviating hunger, promoting education and basic health, and supporting livelihood opportunities, we are continuously striving to transform lives from those filled with despair to those full of hope, health and happiness.



Objectives / Mission of GMCKS Foundation :

The mission of the GMCKS Foundation is to shape individual lives and strengthen communities by Nurturing Livelihood, Providing Access to Knowledge , Promoting Physical and Spiritual Health, and Facilitating Social Progress. To fulfill this mission, we have targeted the following important tasks :

- To extend help and relief to the underprivileged, namely the poor, destitute and homeless.
- To promote physical health through proper nutrition and regular meals by establishing feeding centers, providing medicines and funds for health-related expenses, and conducting seminars to raise awareness on topics of nutrition and hygiene.
- To provide self-sufficiency training programs for the underprivileged to better their livelihoods.
- To co-operate and co-ordinate with other charitable organizations for different programs related to Hunger, Education, Health and Livelihood.
- Research, training and development work in the field of health.

Towards these objectives, the Foundation has identified four areas of core activities:

- Alleviation of **Hunger**
- Improvement of **Health**
- Promotion and Provision of **Education**
- Support of **Livelihood**

Hunger Program :



GMCKS Foundation strives to fight hunger by making food packets available to the hungry and homeless. This helps to not only save lives but empowers the under-nourished to combat diseases by providing them with nutritious food.

" We have the ability, we have the means, and we have the capacity to eliminate hunger from the face of the earth. We need only the will." -President John F. Kennedy

Health Program :



At GMCKS Foundation, we strive to improve the health and lives of those less fortunate by providing medicines, healthcare supplies and counseling services.

" The time has come for a caring society to do what cannot be done by a curing profession." (The World Health Report 1997)

Education Program :



Providing education to the under-privileged sections of society is a mounting challenge. At GMCKS Foundation, it is our goal to educate every man, woman and child belonging to this section of society.

" The foundation of every state is the education of its youth....." - Diogenes Laertius

Livelihood Program :



To improve the position of the disadvantaged groups, GMCKS Foundation aims to provide access to the resources they need to establish a livelihood. This would be undertaken by providing various training workshops to upgrade their skill-sets and by helping them secure better economic opportunities.

" Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a life time" - Maimonides